

Retallack Adventure Centre

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Woodland Bootcamp Challenge

Physical and mental challenges to test you to your limits with a range of outdoor activities, not for the faint hearted! An onsite activity the whole family can enjoy with our experienced outdoor instructors Gethin and Adam. Be prepared to get messy!! (minimum age 10)

Raft and Rescue

A team building challenge you'll be given a number of materials to build a raft that will carry all of you on a course over the lake. We will put you into teams or you could even try a family effort! (minimum age 10)

Coasteering

Jumping, leaping, swimming, climbing and traversing enjoy the coast like you never thought before, the adventure of a lifetime!

At Surfing is Therapy they will give you with all the necessary equipment so all you need to bring is a sense of adventure (and some shoes!!). This is a brilliant team building activity that all the family can enjoy together.

(Minimum age is 14 if not accompanied by an adult, if accompanied by parent/guardian there are no age restrictions)

Body Boarding

Smaller than a surfboard, bodyboarding allows the user to ride the waves in a different way to surfing. Body boarding is an experience that anyone can enjoy and participate in.

(Minimum age 8)

Surfing

Learn to surf like pro with an experienced instructor helping everyone experience the thrill of surfing their first wave. You will also learn how to stay safe in the water and the basics of surfing etiquette.

(Minimum age 8)

Coasteering, Surfing and Bodyboarding are all at Fistral Beach in Newquay, however transport will be provided as long as a minimum numbers are met (4 per group).

Please book in early to avoid disappointment.